

Relax | Recharge | Rejuvenate

CHOOSE YOUR INTENTION WITH A MESSAGE TAILORED TO YOUR NEEDS

CHOOSE YOUR DURATION

50 minutes | 80 minutes | Suite time 1 hour | Wellness Class 90 minutes

CHOOSE YOUR UNIQUE IMPRINT

Relax

Warm Basalt Stones | Island Rain Drop Therapy | CBDream Oil
Hot Stones (targeted areas) | Coconut Scalp Treatment

Recharge

Percussion Gun Therapy | Desert Rain Drop Therapy | CBD-Stress Spot Treatment

Rejuvenate

Soulful Soak Therapy | CBD Tincture | Hydrating Facial Mask

CHOOSE YOUR MODALITY

MATERNITY MESSAGE

- Reduce swelling and ease tension
- Shea Butter to strengthen elastin
For 2nd and 3rd Trimester only

TAILORED MESSAGE

- Customized
- Muscle relaxing
- Medium to deep pressure
- Therapeutic body work
Some soreness may occur

LAIED BACK AND RELAX

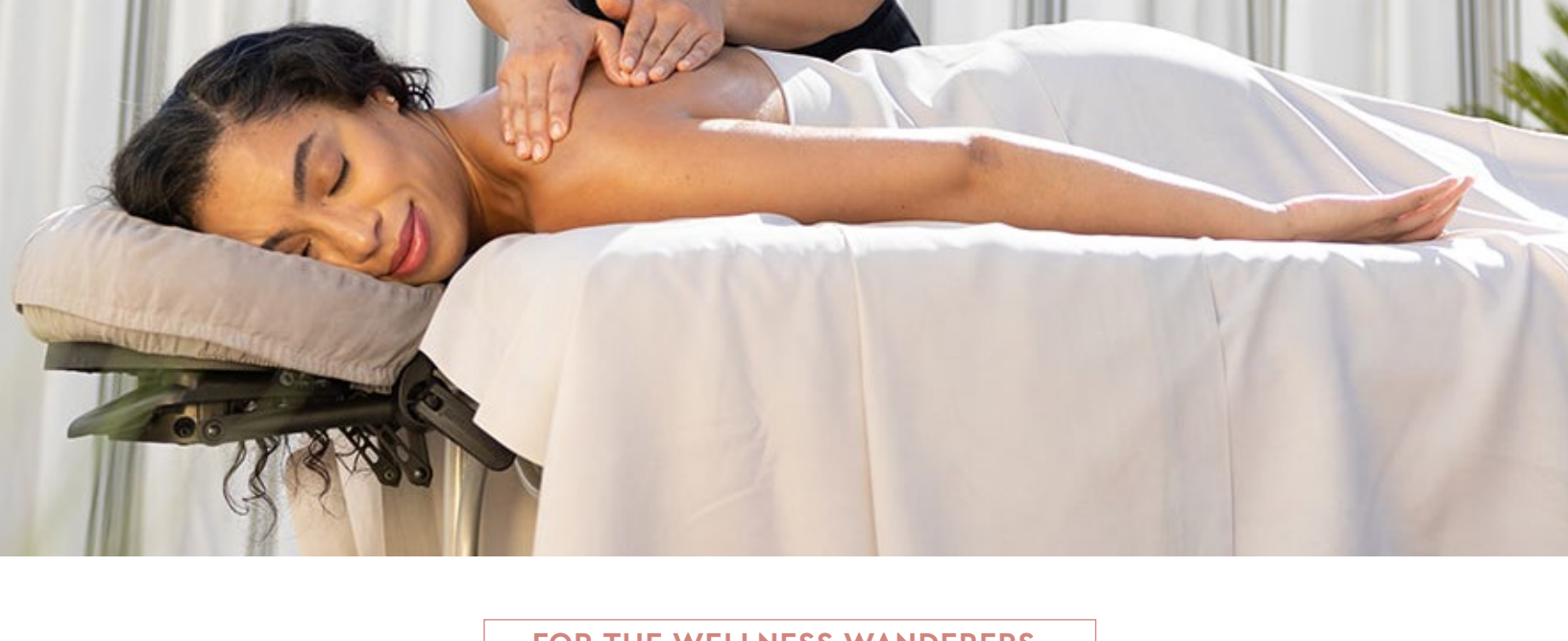
- Long flowing strokes
- Circularized movements
- Relaxed to medium pressure
- Overall sense of well-being

DEEP TISSUE/SPORTS MESSAGE

- Therapeutic/tailored to you
- Focused on targeted areas

COUPLES MESSAGE

- Treatments of your choice
- Relaxing massage side by side
- Outdoor climate-controlled casita



FOR THE WELLNESS WANDERERS

COLORS OF SUNSET FOR TWO

Beyond the cozy couple's treatment, try something unique to bring you back to your heart center.

- Variety of clays and muds
- Paint brushes to apply
- Private outdoor patio to bake for our sun chasers
- Open air shower to rinse

RELAX AND EXHALE

- Island intro to Spa Rosa life
- 10 minute chair massage for two in climate-controlled casita
- Small bites and cocktails from Spa Rosa menu delivered by our leisure experts
- 1 hour of elevated relaxation time in the outdoor courtyard, hearing the breeze rustle the surrounding palm trees

SURRENDER TO SOUND HEALING

- Massage tables side by side for this private session
- Boost endorphins, lower blood pressure and stress, rebalance, and aids sleep
- Therapeutic benefits of a sound bath in a spa atmosphere
- Variety of instruments delivered by an experienced sound therapist



Skincare

REJUVENATION FACIAL

50 minutes | 80 minutes

A customized facial to address all skin types, with unforgettable aromas, leaving the skin refreshed and balanced.

- Quench
- Tighten
- Hydrate
- Balance
- Brighten
- Detoxify

PRECIOUS ROSE QUARTZ FACIAL

50 minutes | 80 minutes

An indulgent and hydrating facial that combines the healing and age defying powers of precious minerals.

- Microcrystal exfoliation to recharge you
- Gemstone masks
- Hydrating
- Tightening
- Detoxifying result

VITAMIN SEA POWER UPLIFTING FACIAL

50 minutes | 80 minutes

All skin types enjoy clinically proven products that connect mind and skin leaving you renewed, radiant and uplifted.

- 3 proprietary techniques
- Firming facial massage
- Detox lymph drainage
- Cryo-sculpting with Cryoglobes

AUTHENTIC ALL NATURAL

50 minutes | 80 minutes

Using products that are over 95% organic, this facial is for the purists that still want the most luxurious skincare.

- Soothe
- Heal
- Restore
- Purifying
- Focused on relaxation
- Natural radiance
- Bursting with vitamins and phytonutrients

SKINCARE ENHANCEMENTS

Collagen Mask | Lip Treatment | Peel | Eye Rejuvenation | Coconut Milk Scalp Treatment
Hydrogel Eye | Microcurrent Technology

Body Treatments

ISLAND STATE OF MIND

100 minutes

Papaya, pineapple, bamboo body polish exfoliation

- Warm towel compresses
- Relaxing application of coconut hydrating milk
- 25 minute massage (back, neck and shoulders)
- Elevated treatment for hands and feet with toled in the white sand polish
- Cuticle oil
- Protective hand and foot cream

SUN ALWAYS SHINING BODY SCRUB & RELAXATION MASSAGE

80 minutes

- Body exfoliation
- Warm towel compresses
- Relaxing application of hydrating lotion
- 25 minute massage (back, neck and shoulders)

HEART & SOL ROSE QUARTZ + GEMSTONE BODY

80 minutes

- Invigorating exfoliation
- Cocoon gemstone oil
- Gemstone oil facial massage to awaken heart chakra
- Rhythmic massage
- Soft radiant glow

SANTA ROSA MOUNTAIN MUD BODY MASK

50 minutes

- Light tingling sensation
- Dry brushing
- Oxygenation and circulation increase
- Skin calmed, soothed and even skin tone

HIMALAYAN BODY PEEL AND WRAP

75 minutes

- Himalayan superfruit enzyme polish
- Papaya pineapple bamboo body polish
- Age reversing antioxidants from pomegranate
- Scalp massage
- Ultra rich skin hydrator for super smooth skin



Spa Rituals

DAYDREAM TO LIFE

It will require most of the day to fully immerse yourself in this Spa day dream but you are sure to leave relaxed, recharged and rejuvenated! Guided by our leisure experts you will be taken through a journey for the mind and body, with the ultimate goal of you relaxing in luxury.

- Bath Soak
- 50 minute Body Exfoliation
- 50 minute Tailored massage
- 50 minute Classic Facial with scalp massage
- See Wellness Schedule or ask about a private class
- Lunch from Spa Menu

Lunch time should be considered in treatment scheduling and ordered upon arrival

YOUR OASIS

We listen and understand, one size fits one, and with this in mind an experience was created where you write the agenda.

- Pair two or more of the treatments that best fit your needs, at the time you want, lunch included.

Who said there's no such thing as a free lunch.



Spa Packages

PERFECT ESCAPE

180 minutes

To really gain the most from your treatment experiences and fully recharge those batteries, most will share that an extended massage time of 80 minutes is a must.

In this series, an 80-minute massage and body scrub combination with 80-minute facial will leave you feeling anew. If that isn't enough, additional time is carved out to care for your precious head with an amazing scalp massage including kukui scalp oil as well as a detailed exfoliation of hands and feet with hydrating milk, like a cherry on top of pure decadence.

ENJOY THE MOMENT

100 minutes per person

We invite you and your love to relax and enjoy Spa bliss! This package helps you celebrate those special moments in life, it includes a 50-minute customized massage followed by our 50-minute signature Facial or body scrub. To celebrate all of life's special moments.

LIFE'S SIMPLE PLEASURES

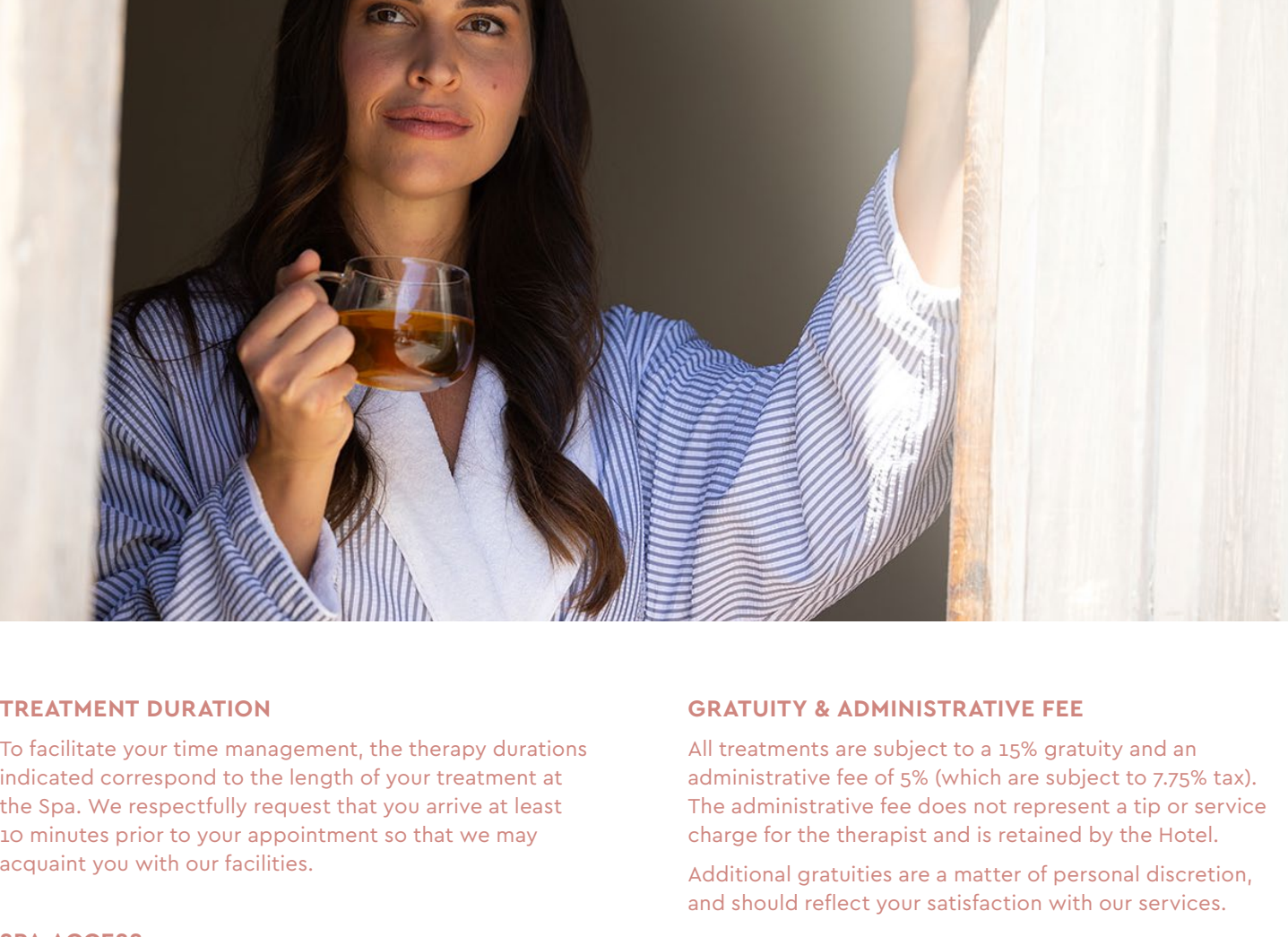
100 minutes

Designed with the details in mind, unwind with a therapeutic massage specialist providing a 50-minute massage focused on alleviating tension and relieving over-stressed muscles. Then enjoy a 50-minute Classical Facial to nourish the skin, relax the mind, and evoke that natural beauty.

MARLIN MAN

75 minutes

After times running in off the golf course, our gents enjoy this 50 minute massage focused on light stretching and range of motion with a full body impact and strokes off your game. Next a quick visit to the skincare experts with hot steamed towels and healthy hydration products that will deep cleanse and care for clogged pores and soothe hair follicles.



TREATMENT DURATION

To facilitate your time management, the therapy durations indicated correspond to the length of your treatment at the Spa. We respectfully request that you arrive at least 10 minutes prior to your appointment so that we may acquaint you with our facilities.

SPA ACCESS

Access to Spa Rosa, River Bench Jacuzzi and all Resort facilities available with the purchase of treatment or day pass.

LATE ARRIVALS

Late arrivals may result in lost treatment time unless our schedule enables us to offer you the full service.

PREPARATION

Shaving is not recommended prior to any exfoliation services. Please let us know if you are pregnant, allergies to any products or have other health conditions that may be a concern.

A MOMENT OF TRANQUILITY

Spa Rosa is a haven of serenity. For your peace and privacy, please silence all electronic devices. Smoking is not permitted in the spa.

PRIVATE WELLNESS CLASSES

A variety of classes for mind and body are available as private sessions. Please contact Spa Rosa for more information.

GRATUITY & ADMINISTRATIVE FEE

All treatments are subject to a 15% gratuity and an administrative fee of 5% (which are subject to 7.75% tax). The administrative fee does not represent a tip or service charge for the therapist and is retained by the Hotel.

Additional gratuities are a matter of personal discretion, and should reflect your satisfaction with our services.

CANCELLATIONS

If you need to cancel your appointment, please notify a spa attendant 8 hours prior to your scheduled appointment to avoid being charged 50% of the scheduled service fee. If you miss your appointment and fail to call or cancel, you will be charged 100% of the scheduled service fee. Large group cancellations require a 48 hour notice.

PERSONAL BELONGINGS

We provide lockers for your personal belongings, but regret that we cannot be responsible for lost or damaged items. Please do not wear your jewelry to the spa. Due to the space limitation, we cannot accommodate luggage or sports equipment.

SPARTY

A Spa Party at Spa Rosa is the perfect combination of SPA, beauty, wellness and celebration. Whether you're planning a friend's weekend, bridal party, birthday or even corporate retreat, let the spa team be your guide and Spa Rosa your destination. We host groups year round and provide the best environment to connect with yourself and your guests.